

# HOP FUNDAMENTALS (ONLINE)



## Course Overview

The Human and Organisational Performance (HOP) Fundamentals online course explores safety paradigms in which we operate and introduces the foundational aspects of the HOP philosophy.

Human and Organisational Performance is an operating philosophy that recognises good performance is not only the absence of error, but rather the presence of capacity. It is a systems-based approach leveraging on worker expertise, with a focus on understanding the context and conditions of work.

Throughout this online HOP course, you will explore how Human and Organisational Performance can transform your work practices and mindset – reflecting on real-world examples of HOP principles applied in organisational settings to understand their practical impact and value. Participants can also join one of the regularly scheduled Virtual Q&A sessions with a HOPLAB facilitator to ask questions, share challenges and learn from others.

Managers from operations, safety, business improvement and quality will find this program both highly engaging and incredibly beneficial personally and for their organisation.

## About HOPLAB by Southpac International Group

HOPLAB by Southpac International Group introduced Human & Organisational Performance (HOP) to Australia and New Zealand in 2017. Our aim is to help organisations move off the plateau of performance, improve safety and enhance outcomes across all other areas of business.

Our team are specialists in Human and Organisational Performance, Management Systems and Leadership Development – providing expertise in all three areas as needed to achieve the best possible outcomes for our clients.

**We're here to help you bring out the best in your people and systems.**

We work with each organisation to understand how work happens and guide decision makers to reflect, learn and grow – harnessing the potential that already exists within the business: its people. We offer a unique perspective and an organic approach that drives more sustainable results.



### Course Modules

#### Introduction

Understanding Human & Organisational Performance

#### HOP Principle 1:

People Make Mistakes

#### HOP Principle 2:

Blame Fixes Nothing

#### HOP Principle 3:

Context Drives Behaviour

#### HOP Principle 4:

Learning is Vital

#### HOP Principle 5:

Responses Matters

#### Summary

Reflective activities, scenarios and quizzes are included at the end of each module.

### Course Completion & Certificate

Participants have 12 months to complete the course from date of enrolment.

On completion of the online course, participants will receive a Certificate of Completion issued by Southpac International Group.



Scan the QR code to enrol.

### Course Objectives

Through this eLearning course, you'll engage in thoughtful, reflective learning activities that directly support each course objective.

By the end of the course, you'll be equipped to:

1. Understand the fundamental principles of Human & Organisational Performance (HOP), including their definitions and importance.
2. Compare traditional safety approaches with HOP principles by identifying the key differences in each approach.
3. Reflect on real-world examples of HOP principles applied in organisational settings to understand their practical impact and value.

### Virtual Q&A Live Sessions

A unique aspect of this online HOP course is the opportunity to join a live Virtual Q&A session, which will be hosted monthly by a HOPLAB facilitator.

This gives online course participants the chance to interact with other learners, ask questions, or share challenges in an interactive environment, facilitated by a member of our experienced HOP training team.

Access to the virtual sessions is exclusive and free for all online learners.

“

This course is an excellent overview of the HOP perspective with lots of opportunities to identify how to apply it in everyday organizational life. Engaging and thought provoking, yet accessible and practical.”

Trusted by leading companies across Australia, New Zealand and the world.



HOP LAB

hoplab.org

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